



# International Conference on Unani Medicine

*From Tradition to Evidence Based Medicine*

Organized by



## National Institute of Unani Medicine

(Ministry of AYUSH, Govt. of India)

Bengaluru, India

October 25 - 27, 2016



Al-Zahrawi surgical instruments



## Welcome

*Unani system of Medicine is one of the traditional systems of medicine practiced in the world under various names. In India it has got state patronage as Unani medicine because of its mass following throughout the country. This institutionalized system has travelled through centuries assimilating the logical, philosophical and scientific temper of a lot of cultures. The traditional Unani medical practice needs validation in contemporary era. Present century has thrown open a huge opportunity for Unani medicine because of the paradigm shift from mechanical world view to sustained ecological world view. Presently, owing to the dire need for novel drug / drug therapies because of the looming antibiotic resistance and exponential cost liabilities for synthetic drug development, traditional medicine especially Unani medicine may find its due place in medical practice. It has got a huge medical literature on drug products from plants, animals and minerals; tailor made regimenal therapies, lacs of prescriptions for disease alleviation and holistic treatment guidelines. This approach to medical practice is in consonance with the latest paradigm for disease treatment.*

*In view of the above, it is of paramount importance for the persons at the helm of Unani system of medicine to review, and validate the treasure house of medicine they have inherited from the past. So a strong need is felt to organize an International Conference on Unani medicine to evaluate, assess, disseminate and orient the people towards an evidence based Unani practice, training and teaching.*

*National Institute of Unani Medicine, Bengaluru is organizing a three day International Conference on Unani Medicine on October 25– 27, 2016. The Organizing Committee extends cordial invitation to all the scientists, academia, research scholars and students of Unani and allied fields to become the part of this conference by their sincere contribution.*

*With warm regards*

**Prof. Mansoor Ahmad Siddiqui**

Director NIUM &  
Organizing Secretary  
ICUM – 2016



Academic block

## National Institute of Unani Medicine, Bengaluru

National Institute of Unani Medicine (NIUM) Bengaluru situated in the city of gardens, is an autonomous organization under the Ministry of AYUSH, Government of India. This institute is being developed as a model post graduate teaching, training and research in Unani System of Medicine.

The institute offers post graduate courses in eight disciplines; Moalajat (Medicine), Ilmu Advia (Pharmacology), Tahaffuzi wa Samaji Tib (Preventive and Social medicine), Ilmu Qabalat wa Amraze Niswan (Obstetrics & Gynecology), Ilmu Saidla (Unani Pharmacy), Kuliyat (Basic Principles), Ilaj bit Tadbeer (Regimenal Therapy) and Ilmu Jarahat (Surgery). This institute has got the credit of starting Ph. D course in Unani Medicine for the first time in this country. It offers Ph. D in Moalajat and Ilmu Advia.



The institute hospital has an OPD wing and 180 bed IPD. Clinical services are provided to the patients from general and speciality OPDs for Skin diseases, GIT and Hepato-Biliary Disorders, Neurological, Psychiatric and Geriatric Care. The hospital also provides the facilities of family planning, nutritional advices for obese, hypertensive and diabetic patients. The Regimenal Therapy Centre of the hospital has Massage, Cupping, Leeching and Hammam Unit. Neuro-rehabilitation Centre caters to the needs of the patients suffering from neurological disorders e.g. Stroke, Myopathy, Epilepsy, Motor-neuron disease, Parkinsonism, Hemiplegia and Paraplegia. Though the hospital provides Unani treatment, it is also equipped with state of art diagnostic laboratories of pathology, biochemistry, radiology and ultrasonography. Hospital also provides health care facilities to socio-economically weaker groups at their door steps by regularly organizing health camps.

The quality of research is well maintained by various committees like Ethics Committees for clinical and preclinical studies. Scientific advisory groups look after planning, and coordination of research work for fundamental research, clinical research, drug development and quality control. The institute publishes two bi-annual Journals, namely “Journal of Research in Unani Medicine” in English and “Tarjuman-e-Tibb” in Urdu, and a Newsletter. Under the guidance of Ministry of AYUSH, Govt. of India, the institute is trying its best to achieve the targets and providing specialized health care facilities to the public and also aims at becoming a centre of excellence in Unani academics, research and patient care.

## Bengaluru

City of Bengaluru has got a pleasant climate throughout the year. It rains from May to end of August. In October it is usually sunny and temperature varies from 20 – 25 °C. Slight warm clothes are needed in the night time otherwise light clothes will be sufficient at this time of the year.

## Who should attend the conference?

This conference is aimed at researchers in academia and industry. Unani medicine as a discipline is very vital for both the academics and industry of Unani medical practice. The conference aims at welcoming all the researchers,

faculty, medical practitioner and industry professionals in the field of traditional medicine as per conference themes mentioned in this brochure.

## Conference themes

The broad themes likely to be covered in the conference are as follows:

### Clinical

- Evidential and clinical evaluation of Unani medicine
- Unani Medicine: Trend towards Evidence Based Medicine
- Role of Unani medicine in Reproductive, Maternal, Newborn, Child and Adolescent Health
- Priority areas of Unani medicine in healthcare
- Regimenal therapies as tool for wellness programmes and therapeutics in Unani medicine
- Concept of disease prevention in Unani medicine
- Surgical interventions in Unani medicine – relevance and scope

### Fundamental principles of Unani Medicine

- Unani fundamentals: Interpretation and exploration
- Holistic approach to drugs and diseases in Unani medicine
- Literary research: Means and methods

### Preclinical

- Drug development in Unani medicine
- Drug standardization from authentication to efficacious product
- Pharmaceutical evolution in Unani drug delivery

### Research frontiers of Unani Medicine

- Reorientation of Unani Medical Education
- Teaching Methods in Unani medicine: Need of an objective assessment
- Research tools applicable to Unani medicine
- Spiritual aspects of health and disease and its relevance in present era
- Historiography as a tool to assess Unani therapies and drugs
- Integration and Interaction with other existing systems of medicine for Universal Health coverage



## Abstract submission details

The abstract should be in English/Urdu, not more than 300 words in IMRAD format and is to be typed in MS word, Times New Roman, Font 12 with space 1.5 and send through email as an attachment to: **icum16.nium@gmail.com**. The names of authors should be followed by their affiliation and name of the Institute with email of corresponding author. Submissions by fax will not be accepted. Information about **Acceptance** of abstract shall be sent through email. Submitted abstracts should have not been presented before. Registration for the conference is mandatory for scientific paper and poster presentation. Abstract after due date will not be entertained.

## Poster presentation

The size of the poster should be 3ft (width) x 4ft (height); the word should be clear and readable at a distance of 2m.

## Important dates

Abstract submission deadline	September 01, 2016
Notification to Presenter	September 15, 2016
Full paper submission	September 25, 2016
Revised paper submission	October 05, 2016

## Registration and payment details

Registration form can also be obtained from the NIUM website: **www.nium.in**. Registration can be done by submitting the Bank demand draft in favour of Director, National Institute of Unani Medicine, Bengaluru payable at Bengaluru. DD should be sent to the address of Conference Secretariat: **Organizing Secretary, International Conference on Unani Medicine, National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bengaluru-560091, Karnataka. Office Contact No: +91-080-23584260, Fax no. +91-080-23584180** and an e-mail of the scanned copy to: **icum16.nium@gmail.com**. Alternatively, candidate may register for the conference by online payment (NEFT) as per details mentioned below:

Account Name	NIUM
Account Number	30095385134
Bank Name	State Bank of India
Branch Name	Magadi Main Road
Branch Code	9047
IFSC Code	SBIN0009047
MICR Code	560002060

**Note:** Please mention the participants name in the remark section during NEFT transfer. Foreign participants are recommended to arrange for the VISA as early as possible.



## Exhibition and advertisement

Manufacturers of ASU drugs/publishers are invited to display their products/publications at the conference site. For booking the space for the stall the manufacturers may contact organizers.

## Stall fee

Stall category	Size	Rate (Rs)
Single Stall	3m x 3m	15,000.00
Mini Pavilion	9m x 3m (3 stalls)	45,000.00

## Accommodation and hospitality

All the interested delegates who desire that their accommodation is made available by the Conference organizer will need to inform the organizers before hand and tariff and type of accommodation must be informed. Refer NIUM website for details of tariff and hotels nearest to NIUM.

## Travel information

Kempegowda International air port is located 42 km from the National Institute of Unani medicine and well connected from all parts of India and major cities of the globe. Airport bus facility is available from airport. The Bengaluru city railway station is located 10 km from this institute.

## Publication opportunities

All accepted papers/ case studies will be published in the Book of Refereed Conference Proceedings. Selected papers will be published in the special issue of the institute journals. Full paper submission guidelines are mentioned at the NIUM website: [www.nium.in](http://www.nium.in).

### Chief Patron

**Shri Shripad Yesso Naik**

Hon'ble Union Minister of State (Independent Charge)  
Ministry of AYUSH, Govt. of India

### Patron

**Shri Ajit M Sharan**

Secretary, Ministry of AYUSH

### Co- Patron

**Shri Anurag Srivastava**

Joint Secretary, Ministry of AYUSH

### Organising Secretary

**Prof. M. A. Siddiqui**

Director, NIUM

### Joint Organising Secretaries

Prof. Mohd. Zulkifle

Prof. Abdul Wadud

### Organising Committee

Dr. Tanzeel Ahmad  
Dr. A M K Sherwani  
Dr. S Shah Alam  
Dr. Arshiya Sultana

Dr. Abdul Nasir Ansari  
Dr. Wajeeha Begum  
Dr. Zarnigar  
Dr. Hamiduddin

Dr. Ghulamuddin Sofi  
Dr. Roohi Zaman  
Dr. Mohd Aleemuddin Quamri  
Dr Wasim Ahmad



# International Conference on Unani Medicine

Organized by

**National Institute of Unani Medicine**

(Ministry of AYUSH, Govt. of India)

Bengaluru, India



## REGISTRATION FORM FOR ICUM 2016

Name (In Caps) \_\_\_\_\_

Organization/Institution \_\_\_\_\_

Designation \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Pin Code: \_\_\_\_\_ Country: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone/Mobile: \_\_\_\_\_ / \_\_\_\_\_

Status of Participants: Delegate    Research Scholar    Student    Spouse

Whether accommodation required: Yes    No

If yes contact below given address

I intend to attend the conference and present a paper

Title of the Abstract: \_\_\_\_\_

**Presentation:** Oral ☐ Poster ☐

### CATEGORY OF REGISTRATION

Registration Type	Early Bird Registration Up to 10 <sup>th</sup> September	From 10 <sup>th</sup> September upto 25 <sup>th</sup> September	Spot Registration Fees	Selection
Faculty/ Medical Practitioners / General Category	₹ 1500 / USD 25	₹ 2000 / USD 30	₹ 2500 / USD 40	<input type="radio"/>
Spouse/ Accompany Person	₹ 1000 / USD 15	₹ 1500 / USD 25	₹ 2000 / USD 40	<input type="radio"/>
Research /PG Scholar	₹ 1000 / USD 15	₹ 1300 / USD 20	₹ 1500 / USD 25	<input type="radio"/>
Industry Participant	₹ 2500 / USD 40	₹ 3000 / USD 45	₹ 3500 / USD 60	<input type="radio"/>

Registration fees to be paid by Demand Draft/Pay order/Cheque, drawn in favour of **The Director, NIUM** payable at Bengaluru

### Online Registration

**Account Name:** National Institute of Unani Medicine; **Account Number:** 30095385134; **Bank Name:** State Bank of India;

**Branch Name:** Magadi Main Road; **Branch Code:** 9047; **IFSC Code:** SBIN0009047; **MICR Code:** 560002060

**Place** \_\_\_\_\_ **Date** \_\_\_\_\_ **Signature** \_\_\_\_\_

*Please send completed registration form and payment to:*

**Organizing Secretary,**

**International Conference on Unani Medicine,**

National Institute of Unani Medicine, Kottigepalya,

Magadi Main Road, Bengaluru - 560091, Karnataka

Office Contact No: 080 23584260, 9341072974, 8088739927, 9482080516 Email: icum16.nium@gmail.com

Note: This form can be used in the Xerox form or can be downloaded from soft version of the brochure at the Institute website: [www.nium.in](http://www.nium.in)